



Declaration – Participation Statement

“ROXCOOL and The British Mountaineering Council recognise that climbing and mountaineering are activities with a danger of personal injury or death. Participants (*that’s you!*) in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.” (*make sure you know what you’re letting yourself in for*)

I accept that rock climbing/mountaineering and trekking are inherently dangerous and the risk of serious injury or even death can never be completely eliminated. I accept that bruises, scrapes, bumps, and slight cuts etc are an acceptable possibility while participating on activities such as those mentioned above, and that more serious injuries are a possibility. (*we can’t wrap you in bubble wrap!*)

I agree to abide by all decisions and instructions made by ROXCOOL, its instructors, coaches and representatives regarding safety issues and general group/participant management.

I declare that I am fit and able to take part in the activity/course and have informed the Roxcool staff member of any injuries and medical issues which may hamper my participation. I have chosen and I accept it is my responsibility to arrange appropriate personal accident insurance for these activities and attendance on this course. (*Roxcool do not arrange this!*)

ROXCOOL cannot accept responsibility for any advice given by its representatives (coaches or instructors) in relation to preferred clothing and equipment for use in the outdoors or any activity (*even though we tell you what we like to wear*).

In signing this form, I also give permission for photographs to be taken and used for future instructional courses or used on promotional materials (*it’s good for the ego folks*). I understand that photographs taken by ROXCOOL its instructors, coaches and representatives are owned by Cliff Lowther the owner of ROXCOOL.

By completing the registration form attached I agree I have read and accept the booking terms and conditions (*see registration form*) and agree to abide by these.

Attending: Bright Red 4 Peaks Challenge